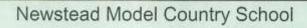
EUREKA EXPRESS

VOL XXXIII No. 7 Circ 298

AUGUST 2012





Quiz Night & Auction Evening 1980's theme

7pm Friday 14 Sept

Matangi Hall

\$120.00 per table of 8

Refreshments available (casi

BYO Food



Tickets available from Rochelle Taylor

824 1655 or 027 290 9920



GUEST EDITORIAL

HI everyone



Eureka has changed a lot in the 24 years we Purdy's have lived on Friedlander Road and it would be fair to say that we don't know most of you. We love country living but spend our working days in the 'tron where we were all born and bred.

I'm a staunch supporter of everything Waikato, without a doubt the best region in the country to live. We might get berated for our clanging cow bells, but with our bragging rights as the best sporting region in the country, we've proven we have the right to make as much noise as we like. And how good was that haka from the Chiefs!!! Our Magic girls reign supreme and did us proud, as did our entire Olympic team. Spine tingling stuff and right up there with good reasons to pop a cork or two.

We're reveling in the glory of this year's success, but I can't help wondering how we would be feeling, more to the point, how would our teams be feeling if they hadn't won. I fume at the knockers - we all fall short from time to time and in sport we have winners and losers and unfortunately, most of the time, being runner up just doesn't cut the mustard. Sport tends to be very unforgiving, with winning opportunities lost in a split second. As a professional athlete, their place of work is open for all to see. Imagine having a performance review every week, not by one boss but by thousands. I'd love to have been a fiy on the wall when the TMOs had their performance reviews – assuming they weren't so perfect they didn't need one – yeah right! A believer in constructive outcomes, I'd recommend a good optometrist – surely having to watch all those replays over and over again would raise suspicion of eye sight problems. We'll soon be ringing the cow bells again and screaming our lungs out for our Mooloo boys to give us a Waikato trifecta. Whatever the result, my support for everything Waikato will be unwavering.

Greg and I head south to Dunedin in a couple of months for the Australia and New Zealand Scientific Glassblowers conference. There's all the usual conference stuff and lots of socializing, but the most challenging and competitive part is the competition for the best artistic piece. Greg's a bit of an ace in this section and will have to defend his title again this year. We're absolutely stoked that this year the category is 'a bell'. No surprises that the Waikato colours will feature in his entry. Maybe he'll have to make two entries, an intricate piece and our traditional Waikato cow bell – it would be criminal to let this opportunity to brag slip by.

Mooloo ole ole ale!!! Julie Purdy

RAINFALL

	July 2012	Year to 31st July
Total (mm)	165	677
Average (1994-2012)	140	693
Difference	+25	-16

Rainfall recorded on 16 days.



SNIPPETS

TAUWHARE SCHOOL OUT OF ZONE NOTICE

The Tauwhare School Board of Trustees has determined that, due to the number of applications received from students who live within the school's zone, there will not be any spaces available for out of zone students from October 2012 to May 2013. Any spaces available from June 1st will be advertised early next year.

Fiona Bradley Tauwhare School Principal

EUREKA MOTORS UPDATE. It is welcome to new office and forecourt person **Lizz Coaton** who is Colin's new assistant. Lizz hails from Matangi but is ex Cambridge. Hi Lizz. Sadly we must farewell Patsy Booth but we wish her well in her new position back with Ambreed.

DIAMOND WEDDING CONGRATULATIONS to **Harold and Peggy Woolford** (of Newstead Orchard) who celebrated their 60th Wedding Anniversary on August 16. Hearty congratulations and best wishes to you both. A wonderful, and inspiring, achievement.

FAREWELL TO EUREKA to Lex and Jo Trusler of Waverley Road who have moved to Dodd Road, Motumahoe. Not too far and close enough for Lex to keep all his local clients. All the best to you both.

WELCOME TO EUREKA to Kent and Shona Pryor who have moved from Ohaupo and bought Billing's home on Hunter Road. Kent and Shona have two young children, Lauren, nearly 5, and Daniel aged 2 years. Kent works in publishing for the company Biozone International Ltd and Shona works for Ag Research. A warm welcome to you all. Phone 824 1623.

Please note: Ivan and Kay Billings have sold only their home, not their property, and will be living on Masters Road while their new home is completed.

LOCAL TELEPHONE LIST. An updated list is enclosed for you compliments of the Eureka Express with thanks to Linda Hooper for her invaluable assistance. Please contact Gail 824 1758 or Linda 824 1037 for any mistakes or omissions.

Nicola Shirley Lye

3rd February 1968 - 10th August 2012



Sincere sympathy is extended to Stuart, Jordyn and Hannah Lye of Manor Park on the sad loss of their dear wife and mother, Nicola, on August 10.

Nicola fought a long brave fight with cancer but tragically lost the battle aged only 44 years.

A well respected Occupational Therapist in Hamilton, Nicola is also sadly missed by all her colleagues and friends.

Our thoughts are with all the Taylor and Lye families as they grieve their huge loss.

Tauwhare School

e admingstructure sciences

of any other



ROLL: 158



SWIMMING POOL

Matt Douglas from Propools has made a great start to the new pool. By the time you read this article the fibreglass will be done! Thanks so much to Walling Contractors for their huge support. They spent a couple of days lending support, advice and doing the hard work of demolishing the two existing pools.

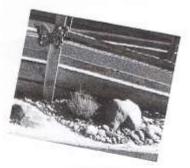


SENSORY GARDEN

The most beautiful mosaic butterflies have landed in our sensory garden. The junior children worked so hard on these and they look fabulous.







CONGRATULATIONS



Some of our students recently completed Computer and Science exams in the Australasian ICAS. The children were required to answer questions in writing about the computer and computer use without a computer in front of them. They should all feel very proud of their efforts, as should their teachers.

COMPUTING: Participation: Ella Silvester

Credit (Top 25%): Mandi Portegys, Saskia Broekhuizen, Jack Morton, Corwin Broekhuizen

High Distinction (Top 1%): Hayden Evans

SCIENCE: Participation: Saskia Broekhuizen, Olivia Speirs, Tiana West Credit: Mandi Portegys, Zyean Cutler, Jack Morton, Georgia Hill

High Distinction: Corwin Broekhuizen

Huge congratulations to our senior rugby boys, who not only made the Reps teams earlier in the season but who went on to do so well in the finals of the competition. The year 5 boys won two out of three games, going down by just 3 points to Morrinsville in the final game. The year 6 boys won 1 out of three games. The boys played their hearts out. They took the very close loss with dignity and good sportsmanship and did us proud.



KEEPING OURSELVES SAFE

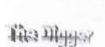
Teachers continue to cover aspects of this programme, such as who to go to for help, what secrets are good secrets, what to do if you find yourself home alone and if you miss the bus (preparing our Yr 6 children as they move on to town schools.). All of our children are learning their full names and addresses.

Constable Jo brought up a very pertinent concern over young children using Facebook: You must be 13 yrs, and over to have a Facebook page. Some parents have set up pages for their children by altering their child's date of birth without realizing they are actually committing identity fraud by lying about their birth date and therefore exposing them to advertising meant for children much older than them. It is certainly worth thinking about.

CHILDREN'S WRITING ABOUT THE DIGGER

The big orange digger was smashing and crashing the old concrete. The powerful orange digger was crashing the lumpy rough pool.

By Rory



As it lunges nearer and nearer To the pool

His apprentice follows on. Preparing for elimination

The goal screams its last words. As the claw state its centre

The angine numbers us the fool becomes smaller and smaller

The arm reaches down as it Detaches its claw and the bucket Grabs (the arm and plans letto the air

The bucket flies down unatching Mountains of det into its grasp

The digger collects the final semant for the pool I say my final goodbye Project completed

By Zynen

PUP THE ARTHUR AND THE PLANT

The big huge Egger reached in the halo and picked the dirt up, smashing the concrete. Bury, emash, bury event the concrete!!! Watering it go on to the plate. The huge stigger outs the diet up. It walks away and come hack negling. I'm hungry, "change o'All the food a gene in the big huge evenge oligger's stremach. The stigger goes away to yet more food.

Brisana Getherd



Pukeko Preschool August 2012

Pukeko Preschool Trust Board is pleased to announce we have purchased the section next door to the school, and have obtained Resource Consent to build a bigger preschool centre on the site, with the possibility of offering increased hours to the community. We are very excited about these developments, which will enable us to continue to offer quality preschool education to the fast-growing Tauwhare and Eureka areas.

During August the children were captivated by the Olympic Games. They experienced their own versions of some of the sports at the Olympics, such as long jump, shot put, discus, running races and relays. They learnt about the flags of the different countries, and had fun drawing their own flags, especially New Zealand's! Another favourite activity was making gold, silver and bronze medals out of salt dough.

We have had our annual trip to the Savages' Goat Farm, and we thank Chris and Keren for hosting us once again. The children love to see all the goats, especially the baby goats in their pens, and they have made some wonderful artwork after our visit.

We currently have spaces available on Thursdays and Fridays, and operate a waiting list for all other days. More spaces will become available in September and October. Call in and see us any time (our hours are

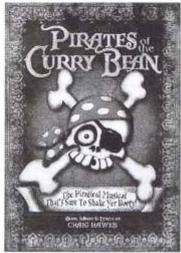


8.45am to 1.15pm) or phone 07-8240860 for more information. We can also be contacted by email: <u>pukekopreschool@xtra.co.nz</u>.









Production:

What a wonderful few days of quality cultural activity! The audience, each time has been generous with praise for a most rewarding and successful production. Congratulations to the children and teachers for making this happen. A very special congratulations and thank you to Lee for directing The Pirates of the Curry Bean, a brilliant achievement!

Productions have a major impact on the organisation and the tone of a school. All of the children are involved, the senior students have an opportunity to develop their acting skills and parents assist in so many different ways. The occasion strongly enhances the intention of giving all students the opportunity to experience a range of cultural and sporting opportunities.

Thanks everyone for a memorable week.

*******to view a whole bunch of FABULOUS photos go to our website @ www.newstead.school.nz

Friday 14th September 2012 Quiz Night !!!!!!!!!!!

Time: 7.00pm (Quiz to start 7.30pm)

Venue: Matangi Hall

Price: \$120 table of 8 (\$15 per person)

1980's theme (optional, but there will be a prize for the best dressed team)
Refreshments available (cash only) and BYO nibbles (you get to eat what you enjoy,
pate/crackers/chips/dip/nuts/cheeseboard, no more soggy asparagus rolls!)
Have you organised your team?

Tickets go on sale Monday and flyers will be coming out early next week. There are also A3 posters available if you need to put one up in your workplace. The PTA need your help to make this night a success and we have been donated great prizes and auction goods, but are still in need of a few more.

If you can help please contact Rochelle Taylor ph: 8241655 / 0272909920.

We will also need assistance with set up, clean up and bar, so if you can help in anyway please let Rochelle know.

Gymnastics:

A squad of gymnastics participated in the Waikato Schools Festival, last Tuesday. This group had practiced regularly since the middle of term two and were coached by **Judi**. The efforts and the time **Judi** has given to these children, is very much appreciated.

MARKET PLACE

Farmhand / weekend relief milker

I have had experience of farm / milking work on a dairy farm so I know the basics of milking. Call Zach on 027 866 6236 or 824 1156. Reference available



Job Vacancy: Tauwhare Playgroup Coordinator

This is a great opportunity to be involved in the Tauwhare community supporting families of young children in a friendly and relaxed setting. Please note that you do not have to have children to do this role.

The position involves:

- Being at playgroup every week of the school term during the hours of 9am-12pm (although can be 11.30am at times). The playgroup is held at school on a Thursday morning in the Multi-Purpose room.
- Coordinating the set up of toys, morning tea (parents provide for children) and a brief tidy up at the end.
- Welcoming existing and new members and encouraging a friendly and fun atmosphere.

Although this is an unpaid position we would like to acknowledge the valuable contribution of the Coordinator by offering a voucher of \$50 per term by way of a thank you.

Enquiries: Becky 8240150

EUREKA EXPRESS

ADVERTISING RATES		CONTACTS - Gail or Gayle	
Classified Advertisements Small Business Advertisements x 10 insertions One Third Page Advertisement x 10 insertions One Half Page Advertisement x 10 insertions	Free \$10 imonth \$20 ! year \$15 ! month \$120 ! year \$20 ! month \$160 ! year	Gail Mayall (Editor) 70 Eureka Road Ph 8241 758 Fax 8241 028 e-mail: editorSeurekaexpress.co.nz	Gayle Orr (Treasurer) 1139 SM26 R D 6, MAMILTON 3286 Ph 8241 713 e-mail: sorr@xt/s.co.nz



EUREKA HALL AGM

Held on Tuesday 14th August 2012 at 7:45pm at the Hall.

Nine people attended. Current chairman Kerry Clarkin chaired the meeting.

The Minutes of the previous Annual General Meeting were read and received.

Matters Arising.

The hall floor was sanded back and resurfaced in Dec / Jan 2011/12 at a cost of \$10,500.

Financial Report - Lionel Orr presented his Financial Report. Balance at 30 June \$7,247.84.

The 2011-2012 Financial Statement was audited by John Morch. Thanks go to John who will be asked to continue as our Auditor.

Moved L Orr / Seconded B Mayall CARRIED

Waikato District Council Eureka Ward member Rob McGuire mentioned the possibility of raising the Hall levy in the rates if extra money is required. The Committee makes the decision on the amount levied - it can go up or down depending on the need.

New chairs are on the 'wish list' and spouting on the maintenance list.

Chairman's Report

The resurfaced floor is a great improvement
 The Community Pot luck Dinner held in May was a great success.

3) Kerry tendered his resignation from the committee as he has sold his farm and moved in to Hamilton.

Election of Officers:

Chairperson:	Philip Mayall	Proposed A Morrison / L Orr	Carried
Secretary:	Gail Mayall	Proposed L Orr / G Orr	Carried
Treasurer:	Lionel Orr	Proposed G Mayall / A Morrison	Carried
Committee:	Gayle Orr	proposed G Mayall / A Morrison	Carried
	Peter Scatchard	Proposed B Mayall / G Mayall	Carried

That the existing committee of Alan Morrison, Barry Mayall, Gary Middlemiss and Charlie Johnson be re-elected en bloc with power to co-opt during the year.

Moved G Orr / B Mayall Carried

Hall Charges

That the present Hall hire charges remain the same with Secretary to use discretion with non resident use and hireage Moved B Mayall / A Morrison CARRIED

General Business

- 1) Quotes to be sought on suitable chairs
- 2) Newstead School's production is on at the hall next week
- 3) Community function ideas to be given thought
- 4) A discussion was held on the storage of community records in the hall. Fireproof filing cabinets were favoured.
- 5) That the AGM Minutes, the list of committee members, the hireage rates, plus the audited accounts be send to WDC by the end of September

Moved L Orr/P Mayall Carried

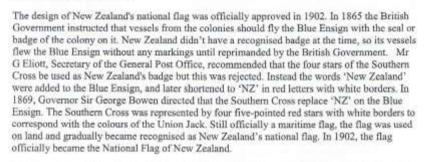
The meeting closed at 9:00pm

New Zealand's Flag and National Anthem

How many of the 5 verses of our National Anthem do you know? Do you sing with gusto at rugby and other sporting fixtures and does your heart swell with pride when the flag is raised at Commonwealth or Olympic events? Here is some interested information about the 2 most recognised symbols of our nationhood.

Our flag is our national symbol. The royal blue background represents the blue sea and sky surrounding us, and the stars of the Southern Cross signify our place in the South Pacific

Ocean. The Union Flag recognises our historical foundations and that New Zealand was once a British colony and dominion.



The flags of Australia and New Zealand are similar. Both chose the Union jack and the Southern Cross constellation for their flags. The Southern Cross is only seen in the Southern Hemisphere. The stars on the Australian Flag are white and have more points than those on the New Zealand Flag. There are two other stars included on the Australian flag. A smaller star can be seen in Southern Cross configuration. New Zealand debated as to whether it should be included or not. It was decided that we would use just the four stars which mark the points of the compass. (The sixth star on the Australian flag is the Federation Star which represents the colonies of Australia on 1 January 1901)

For several decades there has been a debate over whether the New Zealand flag should be changed. Alternative designs have been proposed with varying degrees of support. There is no consensus among proponents of changing the flag as to which design should replace the current flag.



Thomas Bracken wrote his poem, God Defend New Zealand in the early 1870s, and offered a prize of 10 guineas for the best musical setting. This was won by Otago schoolteacher John Joseph Woods. The Anthem, as we know it, was first sung on Christmas Day 1876 in Dunedin's Queen Theatre by The Lydia Howarde Burlesque and Opera Buffe Troupe accompanied by the Royal Artillery Band.

Governor Sir George Grey requested the first Māori translation of God Defend New Zealand in 1878. The translator was a judge in the Native Land Court, Thomas H Smith of Auckland. From

as early as the late 1880s, a number of versions of the Māori translation of the National Anthem have been incorrect. A typescript of the translation by T H Smith uses "Whakarangona" as one word. "Whaka" is a prefix and can't stand alone, and "rangona" and "rongona" mean the same thing but Smith used the former. 'Ihowa" is the standard version of God (Jehovah) and was the one used by Smith. The incorrect form, 'Ihoa', has been used for so long as to seem correct but 'Ihowa' is the correct version.

Throughout the 19th century and into the 20th century the popularity of God Defend New Zealand grew and it became one of the most popular hymns of its time. John McDermott, chief engineer of the Post Office from 1935-39, was an admirer of Bracken's work, and he, along with others, pushed for God Defend New Zealand to be made New Zealand's national song in time for the 1940 Centennial celebrations. On the recommendation of the NZ Centennial Council, the Government declared God Defend New Zealand to be the National Hymn, and bought the copyright.

In 1977, with the Queen's consent, God Defend New Zealand was given equal status with God Save the Queen as one of New Zealand's national anthem.



In the first verse Bracken refers to 'Pacific's triple star'. The meaning of this isn't certain as Bracken didn't leave detailed notes, but popular belief is that 'Pacific's triple star' refers to New Zealand's three main islands: the North, South and Stewart Islands.

God of Nations! at Thy feet, In the bonds of love we meet, Hear our voices we entreat, God defend our free land. Guard Pacific's triple star From the shafts of strife and war, Make her praises heard afar, God defend New Zealand.

Men of every creed and race, Gather here before Thy face, Asking Thee to bless this place, God defend our free land From dissension, envy, hate, And corruption guard our State. Make our country good and great, God defend New Zealand.

Peace, not war, shall be our boast, But, should foes assail our coast, Make us then a mighty host, God defend our free land Lord of battles, in Thy might, Put our enemies to flight, Let our cause be just and right, God defend New Zealand. Let our love for thee increase,
May thy blessings never cease,
Give us plenty, give us peace,
God defend our free land.
From dishonour and from shame,
Guard our country's spotless name,
Crown her with immortal fame,
God defend New Zealand.

May our mountains ever be Freedom's ramparts on the sea, Make us faithful unto Thee, God defend our free land. Guide her in the nations' van, Preaching love and truth to man, Working out Thy glorious plan, God defend New Zealand.

Information for this article was found at: http://www.mch.govt.nz/nz-identity-heritage It is a New Zealand government website and has a wealth of information about our heritage and culture.

TAUWHARE INDOOR BOWLS

Welcome to Tauwhare Indoor Bowling Club's news for July-August. The season is rapidly drawing to a close, with just over a month more bowls for the 2012 season.

Once again our four Junior girls, Amber, Clare and Bronwyn McNally and Melita Bargh played in the Waikato Junior team. This time against Auckland and Bay of Pienty and Tauranga for the Membery Pearce Shield. Walkato were beaten for the winning place by two points.

B Meads, B McNally and M Bargh have played in Easterns' Grupen Cup team against Hamilton Green and Cambridge. Both games were won by Eastern, which means they have won all three rounds - need to win the 4th which will be against Hamilton Red.

Tauwhare still hold the Brown Bowl after drawing with Gordonton. The next game is against St Paul's

Congratulations to Jim and Rosalie Arnold who won Eastern's Married couples Trophy.

Results:

19 July 2012 - Club Night (3 Bowls Triples)

- Winners L Grieveson, G Mayall, D Pizzini
 Runners Up J Bargh, D Appleton, K McNally
- 26 July 2012 Open Triples Tournament
 - Winners M Greenwood's team (Gordonton)
 - Runners Up J Jackson's team (Puketaha)

2 August 2012 - Drawn Pairs

- Winners
- B Meads, B McNally Equal E Morris, H Bargh; J Cottle, B Grieveson Runners Up

9 August - Club Night

 Winners
 Runners Up B Meads, E Morris, C Bargh I Spencer, L Verner, D Harris

10 August 2012 - Couples Night

L & B Grieveson I & D Pizzini Winners · Runners Up

16 August 2012 - Novelty Night

 Winners
 Runners up R Coxon, H Bargh R Bargh, M Bargh

Upcoming Events:

- 6 September Club Night
- 13 September Club Night (Final points night) Presidents/ V. Presidents night 20 September
- 27 September Patron's Night 4 October
- AGM and Prize giving 11 October Christmas Tournament

Out and About

- 21 July Umpire's Pairs Tournament Runners Up Andrew and Clare McNally
- 14 August Open Tournament at Gordonton Runners Up Andrew, Amber, Clare & Bronwyn McNally

Special thank you to the Match Committee and helpers who set up the "obstacles" for Novelty night. Judging by the laughter and good natured comments everyone seemed to enjoy themselves.

- The game where the kitty was placed in the centre of the square was great and demonstrated that playing "draw" was the only way to play.
- The traditional Bulls eye 1, 2 or 5 points game was also a game of "draw" bowls as was
 where a looped rope was placed down the centre of the mat. Any bowl that lacked green became "history" if it made contact with the rope.
- 4. Game 4 was a bit of a "bashers paradise". With 8 bowls equally spaced across the centre of the mat it was "open season". Mind you if the bowl being bowled towards the kitty became the blockage in the centre, didn't make contact with another bowl it was deemed dead!

Well that is all the Club's news for this month - Great bowling everyone.

Robin Bargh - Phone 824 1819

IN YOUR GARDEN

Hello again, what an exciting time of the year with so much in bloom, daffodils making an amazing display and aren't the magnolias magnificent, so roll on spring.

What are your plans for the season ahead? Are you going to try growing something new and get your hands dirty with planting and seed sowing? Just be a little patient and wait awhile for weather to warm up before planting seeds. It's still a great time to plant fruit trees and roses, speaking of roses, it's the last chance to finish pruning.

"Choko" This versatile vegie is very easy to grow and has lots of applications from adding to soups and stews to being steamed, roasted, adding to desserts, and makes great pickle. All in all a very versatile vine, if anyone would like one to plant, just give me a phone call.

It's good planning to apply a liberal dressing of blood and bone to the entire garden, forking it through the top 5cm of soil and apply citrus fertilizer to fruit trees.

Maintain your broad beans, keeping them well staked. Plant asparagus, rhubarb, and strawberries, all enjoy well drained soil and conditioned either with blood and bone or sheep pellets. Seedlings of hardy vegetables, including, Broccoli, Cabbage, Lettuce, and Silverbeet, can be planted now but don't sow root crops yet as they will go straight to seed.

Brown rot in citrus fruit: If the leaves are covered in black fungal growth it is a symptom of an insect infestation such as scale or aphids. The fruit drops off and rots because of too much wet weather. You need to spray with conqueror oil in the autumn then with a copper spray every 3 weeks through to spring. The best time to prune citrus trees is after the fruit has been picked, so wait until the end of this season, then using pruning saw, cut back to allow good airflow through the tree. Use a pruning sealer, vasaline is just as good, to stop borer.



Grapes: We all need to know a few things about grapes. Before you all get carried away, you do not need a male and female plant. Grapes are wind pollinated so they need an open airy spot against a fence or trellis, grow the new runners where you want the branches to be – sideways about 60-70cm from the ground. The next set of runners should be at approx 50cm intervals above and after each fruiting season prune back to your frame work. Each spring every new shoot will have 2 sets of flowers, keep the vine pinched back

to these 2 sets of flowers so that the growth grows into the grapes. The fruit is enhanced with the length off time the fruit is on the vine, so a soil that dries out at the time of ripening may have sweeter grapes. Remove some of the leaves to allow sun to ripen the fruit but not too many as its leaves are still needed to feed the plant.

Moss: The easiest way to kill moss is to lightly sprinkle soda ash, this is powerful washing soda and you can buy it from bulk bins. It kills overnight though you might have to wire brush it off of hard services or rake it off of lawns. Experiment lightly, it doesn't take a lot to be effective.

Ladies a Plate

14 Day Coleslaw

Boil together:

1 1/2 Teaspoons Mustard Seeds

1 Teaspoon Celery Seeds

1 1/2 Teaspoon Tumeric 1 1/2 Teaspoons Salt

1 1/2 cups White Vinegar

1 Cup Sugar

1/2 Cup Water

Pour over Sliced

1 cabbage

2 carrots

1 onion



To use, take the required amount and add your choice, raisins, nuts, dried fruit, crystallized fruit, chutneys chives, parsley, mint etc

Marmalade Tea Loaf

375 grams Mixed dried fruit

1 cup black tea 1/2 cup brown sugar

1 egg lightly beaten 1 1/2 cups S R flour

½ cup chopped walnuts 2 tablespoons orange marmalade

Combine dried fruit, tea, sugar in a large bowl Cover and stand in a warm place

Preheat oven to 180 Line a loaf tin with Baking paper

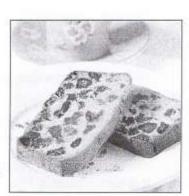
Add egg, flour, walnuts, and marmalade to fruit mixture

Stir with a metal spoon till combined

Bake 55 to 60 mins till skewer comes out clean

Then cool on rack







It is thought beetroot was first used by the Romans and in the 18th century French chefs began using it. A descendant of the sea beet, grown around the Mediterranean coast. It has long been prized for its medicinal qualities, herbalists used it for blood ailments and it is still considered to be an effective naturopathic treatment.

It is rich in iron and enhances the production of disease fighting antibodies, white blood cells (including phagocytes). It also stimulates red blood cells and improves oxygen supply to cells. Its red colour comes from the pigment Betanin an antioxidant, Anthocyanin, which can prevent cancer and heart disease. Its detoxifying properties improve liver and kidney health, it is high in fibre, important for heart and lung health. Beetroot helps to cleanse the liver, gallbladder and kidneys.

Nutrients – vitamins B3, B5, C, folate, beta carotene, calcium, magnesium, manganese, phosphorus, potassium, zinc, fibre, carbohydrate, betanin.

Beetroot was so prized by the ancient Greeks that they would offer it up to their gods.

Beetroot tops are also very nutritious and can be used in salads, small leaves are best. Note: the red colouring Betanin can turn urine pink, this is harmless.

It is high in oxalic acid so should be avoided if you have arthritis or kidney stones. I like it grated raw with a salad.

Let our food be our medicine Our medicine be our food

Cheryl McFarlane



NEWS FROM YOUR WAIKATO DISTRICT COUNCILLOR

Rates accounts for the 2012/13 financial year have now been mailed. In line with the information you received last year with the new QV values you would know if your rates were to increase or decrease.

This year the rates have been set as follows:

- General Rate \$237.37 per \$100,000 of the capital value of your property based on the existing databases as at 30 June 2012
- Uniform Annual General Charge A \$403.00 charge levied on each rating unit but not linked to property values
- Targeted rates to cover operation, maintenance and part of the capital costs, depending on your rating area, on items such as halls, refuse collection etc. Council has chosen to levy these on a fixed charge basis – i.e. all properties pay a set amount regardless of property value.

Targeted rates in Eureka Ward include:

- Refuse collection \$178.19
- A hall charge of \$26.00 for Eureka; Matangi \$24.00; Tauwhare \$26. This is paid to the hall committees quarterly to help cover the costs of repairs and maintenance and improvements

There are rating differentials for other categories depending on whether the property is commercial or residential.

In January this year we started work on the Long Term Plan. The plan is a template for the next 10 years but is revisited every three years and reworked in line with changed expectations of residents and the financial ability of Council to fund the projects. This time around, due to budget constraints, we have cut out seal extension and the footpathing budget has been dropped from \$650,000 to \$100,000 – just enough to cover maintenance. This unfortunately means the extra footpathing I had lobbied for in Tauwhare has been put on hold.

Since we amalgamated with Franklin two sets of accounts have been run. However from 1st July 2012 the accounts have been fully integrated and Franklin District ratepayers are now rated in line with Walkato District ratepayers. This, and higher than projected growth, has picked up another \$400,000 of rates above budget. Also Strada (the WDC Roading Company) has had a good year and their dividend has increased from \$50,000 in 2011 to \$300,000 in 2012. The extra money above budget will sit in the general account until we do the new budgets in 2013 unless required for unforeseen emergency work e.g. storm or flood damage.

Tauwhare Marae now has a new waste water plant. This has been installed over the last 12-18 months. The project has been extremely successful and is working well. 80% was funded by Central Government – the balance paid by the Marae residents. The plant has extra capacity for new housing.

Tainui Inland Port at Ruakura. This area was in Eureka Ward but, as you may be aware, with boundary changes the area is now in the city. I have attended all the Open Days regarding the inland port as there are roading issues which impact greatly on residents in Waikato District. The planned diversions around the port will impact on our roading infrastructure and I am working with the NZ Transport Agency and Hamilton City Council to attempt to obtain good outcomes for district residents potentially affected by the City Council's decisions.

The **reform of local government** is never far off the radar. Waikato Regional Council (WRC) has indicated they are putting some proposals forward to a committee that has been formed to consider reform for the Waikato. The Committee is made up of Chair of WRC, all Waikato Mayors, and their Chief Executives, and is chaired by Hugh Vercoe, Mayor of Matamata Piako District Council. Any changes are unlikely to be in place before 2016.

The remedial work on **Holland Road** appears to be holding together – I do see some markings on the road that indicate there may be some minor work required but the heavy rain does not appear to have caused any major problems.

Water running over the Valle Walkway at Newstead has closed the track. Staff will be repairing it shortly so it can be reopened to the public.

Rob McGuire Councillor Eureka Ward

Ph. 824 3696 / fax 824 3645 Mob. 0274 970 966 / email <u>robmoquire@xtra.co.nz</u>



MOVES ON RETHINKING LOCAL GOVERNMENT

Wearing my Community Planning hat and promising to write a piece for the Express, I got myself invited to the IPANZ one day conference on 'Rethinking Local Government - international trends and thoughts for the Waikato', held at Karapiro recently.

While 'consultation' seems endless on some topics these days, there is much about local government which appears as 'done deals' by the time most people find out about things. So I found listening to an excellent and varied group of speakers, and watching the faces of the nearby members of the audience was most revealing.

I sat with a group of Councillors from another part of the Walkato Region, who cheerfully advised me at the start that they considered getting rid of the Regional Council should be the No.1 move. My, were they in for a shock!

Peter McKinlay, Director of the Local Government Centre at AUT, said that there were different systems and thinking on the role of local government all around the world. Frequently the public lack understanding of what it's supposed to do, and there is often poor communication and research.

In addition, he considered Kiwis are not good at learning from others, and we have no think tanks to share ideas (the Land and Water Forum is a first effort at this). Councils work as closed organizations, and there has been little effort to share services to get scale, which could lead to substantial savings and discounting of costs.

The latest climate change buzzword 'wicked' is now being applied to issues, and these can't be solved by central government alone. McKinlay was in favour of creating a better Public Services Advisory Board, using Mayors. The seemingly encless consultative methods for decision making which we've had since the late 1980s aren't working. There is major voter apathy, because they can't be sure what any candidate may be able to achieve. He felt we need a major shift from Councillors being elected to decide' to being elected to facilitate', using community input.

Rod Oram, sometimes seen as 'the oracle on everything' was much in favour of a more coordinated approach all round. He advised Waikato to look at whether the time was right for such a move, but stressed that leadership would be critical, and there must be a general will to do it. Any such move would need vision and passion, and he added 'Don't do small!'. We need to look at what needs to be done on a regional level, a district level, and a community level and work it that way.

Bob Harvey, ex Mayor of Waitakere, now leading the Council controlled Auckland Waterfront Development, waxed eloquent on how well he saw the Auckland amalgamation working, and praised Len Brown's efforts. They now speak with one voice, representing a third of the population, and thus have enormous influence with central government, particularly for funding. His view was that if Waikato didn't get its act together and learn from Auckland's experience, the might of Auckland would reduce our clout with government, and could even lead to us being swallowed up! (The scepticism in the room was palpable at that point!)

Stephen Selwood, CEO of the little known NZ Council for Infrastructure Development, stressed that Waikato needs a consistent voice with government. We need a cohesive long term strategy and the right infrastructure. His viewpoint was that we need a structure with a Waikato Council at the top, and a series of Community Councils working underneath it to achieve workable spatial planning, and broad policy.

Prof. Natalie Jackson of the Department of Demography at Waikato University gave out some shocking statistics on the real demographics of the NZ population between now and 2030 and 2050. We read much about populations doubling in various areas, but the reality is that 27% of territorial authorities in NZ have already stopped growing, with fewer young people than old, which represents 8% of the total population. Areas such as Thames/Coromandel are already in that category. Councils so affected should be taking this seriously in thinking about future developments. Apart from a few countries such as India and parts of Africa, this is a worldwide problem (too many oldies living longer and too few babies), and even these countries will change as education levels rise. Demographers are now focusing on how countries are going to cope with this.

Waikato University now has clear population demograhic figures on every council/area in the country, which are available for a modest fee, and she recommended councils take advantage of this to see where they sat in the scheme of things.

Mike Pohio, CEO of Tainui Group Developments, put forward the private sector view on how well councils worked. He urged them to cease being so individualistic, and to sort out their rules and methods so that businesses didn't have to cope with a plethora of different systems when trying to set up branches in different areas. He also considered that the consultation process was hugely inefficient if it took seven years to work out the details of a ten year District Plan!

He recommended aligning communities of interest, the development of one national system for rating and development contributions, consolidation and delayering of councils (there are currently apparently four layers in each, which results in multiple visits to sites by different people with different levels of authority).

It's probably easy to say that Auckland is mainly urban and much more compact, whereas Waikato is largely rural and spread over a huge area. How more cohesion and group thinking could be achieved here is a huge problem, which won't be solved quickly. However, with such giant clout sitting on our northern doorstep, we will be seen as a school of very small fish in a very big sea without at least trying to look respectably big.

By the way, when I arrived at the conference I was met with the sight of more dark suits and ties than I've seen in one place since I left Wellington! Taking themselves seriously and keeping up with the Jones' is obviously the order of the day.

Sue Edmonds Chair, Community Planning Committee





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EUREKA FARM DISCUSSIONGROUP

Our last meeting was a low key affair at the Top Pub in Morrinsville. About 30 people attended and were treated to healthy bar tabs supplied by National Bank and Ecolab so many thanks to them for these contributions much appreciated. It is always funny to see people that have not been to a group for a while but they seem to always be there for the pub meeting. It was a good time to catch up with all the farmers and most were in good spirits despite the weather. Now the sun is out hopefully all the wet will be a distant memory as we look forward to a good spring.

Next Group will be held at Brendon Van Vugt's farm on Plako Road on September 11. He has just built a massive herd home and it will be interesting to see how this has changed his farming system.

Cheers may the sun shine on, Brett Gordon

P.S. The scallop season starts on 1st September Yummmmmm



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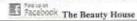
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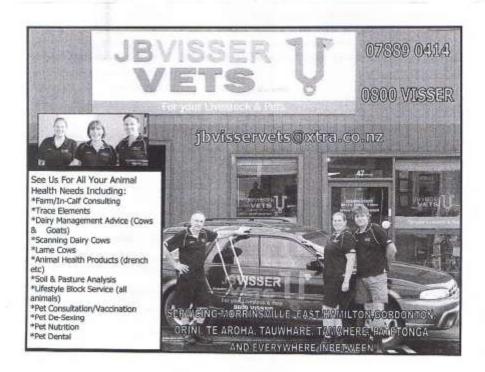
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